



**Thursday January 6, 2011**

### **Media Statement**

#### **Recfishwest & Starlight Children's Foundation Teaching Children to Fish**

Recfishwest will celebrate the start of the New Year with the families of the Starlight Children's Foundation when they gather for a family fun fishing clinic and sausage sizzle on Friday January 7, 2011.

The partnership between Recfishwest and the Starlight Children's Foundation was formed to create an opportunity for the children to take part in one of Australia's most popular recreational activities and to learn about the importance of 'fishing for the future'. The clinic is open to all children under the age of 16 and will be held at the **Point Walter Fishing Jetty, Honour Road, Bicton, from 10am to 12.30pm.**

Recfishwest Fishing Clinic Coordinator Yvette Guy said the fishing clinic will be run for the children from the Starlight Children's Foundation in an effort to encourage enjoyment and development of life skills that fishing helps to foster such as patience, creative decision making, problem solving and goal setting.

"The program will be overseen by Recfishwest instructors who will teach the children everything from selecting the right bait and general rigging to the various casting techniques, recognising different fish species, catch and release and aquatic conservation" said Ms Guy.

"To work with the Starlight Children's Foundation is a fantastic opportunity and it will be rewarding to see the children become involved in such a fun activity and watch their self confidence grow".

Starlight Children's Foundation Family Relationship Coordinator Paul Thompson said he was pleased that the Foundation was approached by Recfishwest – offering their time and expertise to assist the children.

"Without this generous assistance the children would not normally be able to attend and participate in such activities. All the children are looking forward to this event and hopefully we will get some 'budding' anglers emerging," Mr Thompson said.

Prior to casting away the children will be - shown a 20 minute presentation on the general - principles of fishing as well as the important message of being sun smart. Each child will be presented with their very own fishing rod to take home. For further information on the various fishing clinics available please visit [www.recfishwest.org.au](http://www.recfishwest.org.au).

**Media Contact: Sharlyn Vermeij, LastSay Communications, 0413 841337  
Yvette Guy, Recfishwest, 9246 3366.**